

Questionnaire

Sex

1. Male
2. Female

Age

Marital status:

1. Single
2. Married
3. Divorced
4. Widow/er
5. Separated but not divorced
6. Lives in cohabitation

Number of people in the family

Number of children

Number of people above 65 and above 70 years of age?

Are you currently employed?

1. Yes
2. No

How would you estimate your health?

Have you taken any measures to protect and strengthen your health?

1. I stopped/reduced smoking
2. I stopped/reduced drinking
3. I exercise
4. I'm trying to eat healthy food
5. I regularly go for prophylactic checkups

Do you think that prophylaxis is important for your health?

1. Yes
2. No
3. I can't say

What prophylactic measures have you taken throughout the last year?

1. I had my blood pressure measured
2. I had a mammological checkup (for women)
3. I had a gynecological checkup (for women)
4. I had a bone mass test
5. I had a prostate checkup (for men)
6. I had a flu vaccine

How would you evaluate your eating habits?

1. I often eat too much